

# Inspired Leadership

Using Spiritual Principles to Guide Department Chair Work

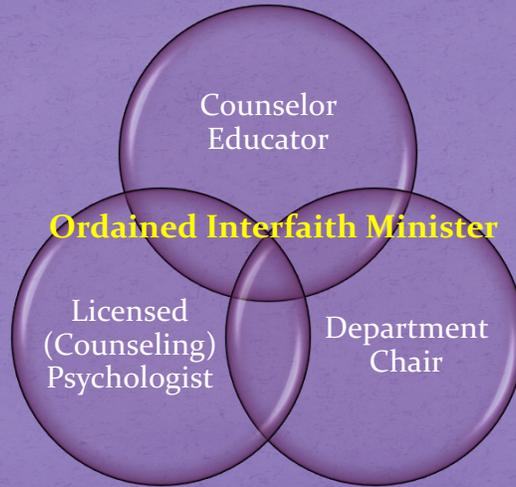
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## Objectives

At the end of this workshop, participants will be able to:

- a. **List** a minimum of two (2) spiritual principles that can guide their work as department chairs,
- b. **Identify** no more than two (2) activities that they will do consistently that are in alignment with their spiritual principles.

# Who Am I?



# Who Are You?

Name

Institution

Current position, Number of years in current position

Goal or reason for attending this workshop

Something you do for the pure fun of it

## Previously. . .

Gainor, K. A. (2017, February). *Virtuous leadership: Using spiritual principles to guide department chairs*. Interactive workshop to be presented at the 34<sup>th</sup> Academic Chairpersons Conference, New Orleans, LA.

Virtuous  
Leadership



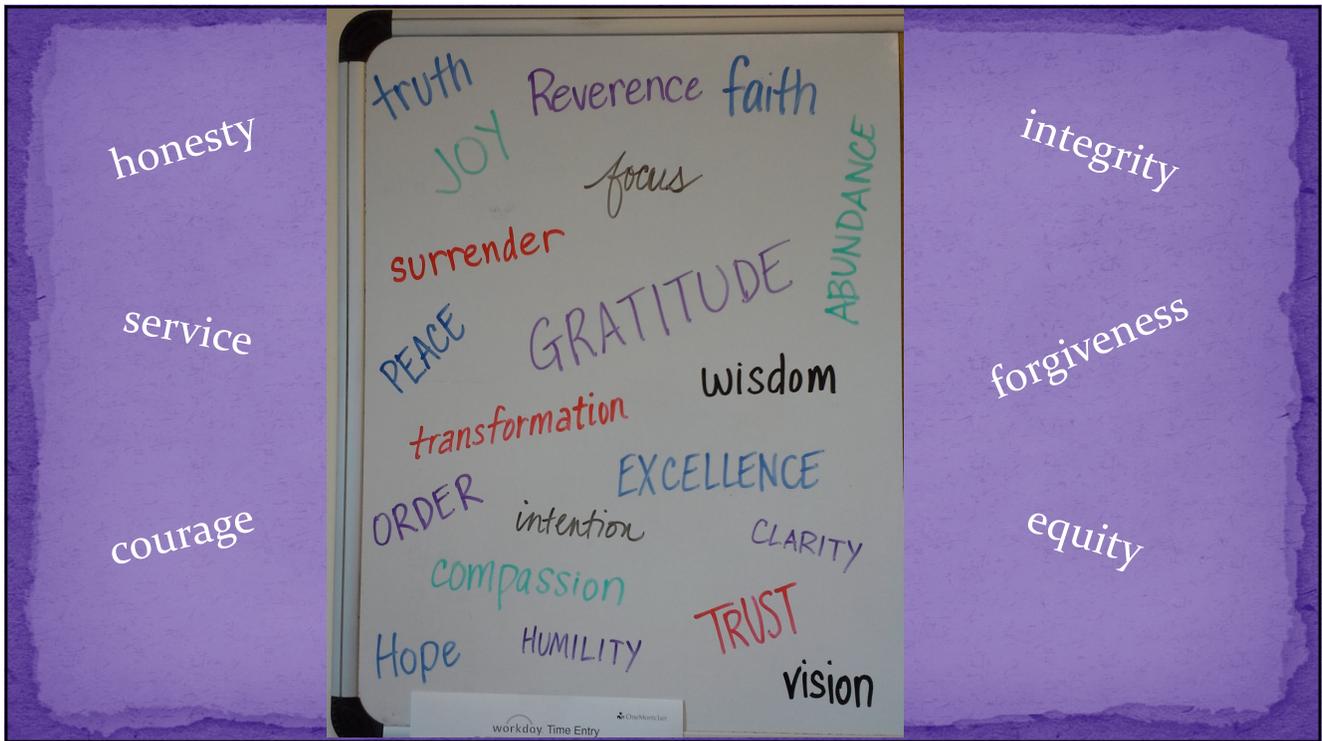
Inspired  
Leadership

# *In-Spirit*

You can't control the things that happen to you, but you can control the way you **REACT TO THEM.**

[WWW.LIVELIFEHAPPY.COM](http://WWW.LIVELIFEHAPPY.COM)

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# 12 Universal Spiritual Principles

Compassion  
Courage  
Faith  
Forgiveness  
Gratitude  
Honesty

Humility  
Integrity  
Service  
Trust  
Truth  
Vision

# 12 Universal Spiritual Principles

**Compassion**

Courage

Faith

**Forgiveness**

**Gratitude**

Honesty

Humility

**Integrity**

Service

Trust

**Truth**

**Vision**

# 12 Universal Spiritual Principles

Compassion

**Courage**

**Faith**

Forgiveness

Gratitude

Honesty

**Humility**

Integrity

**Service**

**Trust**

Truth

Vision

# Compassion

- Definition:

a sympathetic consciousness of others' distress together with a desire to alleviate it ([www.merriam-webster.com](http://www.merriam-webster.com))

“Compassion is the wish to see others free from suffering.” ~Dalai Lama



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# Courage

- Definition:

mental or moral strength to venture, persevere, and withstand danger, fear, or difficulty

([www.merriam-webster.com](http://www.merriam-webster.com))

“Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, (whispering), ‘I will try again tomorrow.’”  
~Mary Anne Radmacher

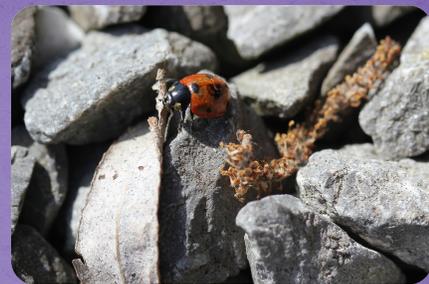


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# Faith

- Definitions:
  - allegiance to duty or a person
  - firm belief in something for which there is no proof; complete trust
  - something that is believed especially with strong conviction

(www.merriam-webster.com)



For we walk by faith, not by sight. (II Corinthians 5:7)

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# Forgiveness

- Definitions (forgive):
  - to give up resentment of or claim to requital
  - to grant relief from payment of
  - to cease to feel resentment against (an offender) (www.merriam-webster.com)
- Distinct from forgetting or excusing



“The weak can never forgive. Forgiveness is the attribute of the strong.” ~Mahatma Gandhi

Image source: [www.flickr.org](http://www.flickr.org)

# Gratitude

- Definition:

the state of being grateful → appreciative of received ([www.merriam-webster.com](http://www.merriam-webster.com))



“If the only prayer you said in your whole life was, thank you, that would suffice.” ~Meister Eckhart

Image source: [www.gogratitude.com](http://www.gogratitude.com)

# Honesty



- Definitions:

- fairness and straightforwardness of conduct
- adherence to the facts

([www.merriam-webster.com](http://www.merriam-webster.com))

“One falsehood spoils a thousand truths.” ~Asante Proverb

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# Humility

- Definition:  
freedom from pride or arrogance :  
the quality or state of being  
humble (not proud or haughty :  
not arrogant or assertive)

(www.merriam-webster.com)



“If you are humble nothing will touch you, neither praise nor disgrace, because you know what you are.” ~Mother Teresa

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# Integrity



- Definitions:
  - firm adherence to a code of especially moral or artistic values
  - an unimpaired condition
  - the quality or state of being complete or undivided

(www.merriam-webster.com)

“Integrity is doing the right thing. Even when no one is watching.” ~C.S. Lewis

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# Service



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- Definition:  
an act of helpful activity; help; aid:  
to do someone a service

([www.merriam-webster.com](http://www.merriam-webster.com))

- Giving from the overflow

“They will forget what you did . But they will never forget how you made them feel.” ~Maya Angelou

# Trust

- Definitions:
  - assured reliance on the character, ability, strength, or truth of someone or something
  - one in which confidence is placed
  - a charge or duty imposed in faith or confidence or as a condition of some relationship
  - something committed or entrusted to one to be used or cared for in the interest of another

([www.merriam-webster.com](http://www.merriam-webster.com))



“The moment there is suspicion about a person’s motives, everything he does becomes tainted.” ~Mahatma Gandhi

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# Truth



Image source: [www.flckr.com](http://www.flckr.com)

- Definitions:
    - sincerity in action, character, and utterance
    - the state of being the case
    - a judgment, proposition, or idea that is true or accepted to be true
- ([www.merriam-webster.com](http://www.merriam-webster.com))

“The truth will set you free, but you have to endure the labor pains of birthing it.” ~Iyanla Vanzant.

# Vision

- Definitions:
    - a thought, concept, or object formed by the imagination
    - the act or power of imagination
    - unusual discernment or foresight
- ([www.merriam-webster.com/](http://www.merriam-webster.com/))



“If you don’t have a vision, you’re going to be stuck in what you know. And the only thing you know is what you’ve already seen.” ~Iyanla Vanzant

Image source: [www.pexels.com](http://www.pexels.com)

# Inspired Leadership: Case Scenarios

**Confidential**

Thank you for your cooperation.

## Activity: Your Scenarios



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