

CURRICULUM VITAE

Rebecca L. Koltz, Ph.D, LCPC, NCC

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CURRENT RANK AND POSITION

Department Head	May 2019-present
Professor	2021-present
Associate Professor	2015-2021
Assistant Professor	2009-2015

EDUCATION

Ph.D., Counselor Education & Counseling, Idaho State University (CACREP accredited)

Dissertation: *The Experiences of Live Supervision during Pre-practicum.*

M.S., Mental Health Counseling, University of Wisconsin, Stout

B.A., Social Work, University of Wisconsin, Whitewater

LICENSURE & CERTIFICATIONS

Licensed Professional Counselor, Idaho #LPC 3753	February 2007-2010
Licensed Clinical Professional Counselor, Montana #1481-LCPC	February 2010
National Certified Counselor	December 2008

ADMINISTRATIVE EXPERIENCE

Department Head- Health & Human Development	May 15, 2019- present
Graduate Coordinator- Counseling Program	January 2010-May 2018
Marriage, Couples & Family Program Leader	September 2012-May 2019
Accreditation Site Team Chair; CACREP (Council for the Accreditation of Counseling and Related Educational Programs)	May 2016- present
GP IDEA Human Sciences Board of Directors Chair Elect	June 2019- present March 2021-23

LEADERSHIP DEVELOPMENT

HERS (Higher Education Resource Services) Leadership	July 2018
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Training; Bryn Mawr College

The HERS Institute is a competitively selected leadership development institute for women in Higher Education. The curriculum covers general leadership principles, higher education trends, change management, budgets and financial statements, legal issues, inclusive excellence and fundraising. Participants complete a capstone leadership project.

DEAL (Developing Excellence in Academic Leadership) Institute; Montana State University
- Co-directed the program in 21/22 2013/14; 2019/20

Peter Bregman Leadership Coach Workshop Sept 2019
- 32 CEU's

DEADL (Developing Excellence in Academic Dept Leaders 2020/21

Workplace Wellness Course 2020-/21

ACADEMIC EXPERIENCE

Research/Scholarship

Presentations

International Presentations

1. **Koltz, R.**, Tarabochia, D., Koltz, D., & Wathen, C. (2016) *Living Well in Later Years: A psychoeducational support group for aging adults*. American Counseling Association, Montreal, QC, Canada.
2. Wathen, C. & **Koltz, R.** (2014) *Cross Cultural Perspectives: An Online Learning Environment*, British Association of Counseling and Psychotherapy (BACP), London, GB.
3. Tarabochia, D. & **Koltz, R.** (2013) *Playful Aging*, Play Therapy Italy Institute, Regello, IT.
4. **Koltz, R.** & Tarabochia, D. (2013) *Playful Relationships: Integrating Play Therapy in Family Systems Counseling*, Play Therapy Italy Institute, Regello, IT.
5. **Koltz, R.** & Thorngren, J. (2011) *Using Play to Promote Couple and Family Cohesiveness*, Play Therapy Italy Institute, Reggello, IT.
6. Christensen, T., Thorngren, J., & **Koltz, R.** (2011) *Utilizing the Therapeutic Power of Play in Family Counseling*, Play Therapy Italy Institute, Reggello, IT.

National Presentations (* Denotes presentation with a graduate student)

1. Elliot, A, Murray, K., **Koltz, R.**, & Downey, J. (2021) *Increasing Mental Health Access: Training & Advocacy for Rural Mental Health*, Association of Counselor Education and Supervision, Atlanta, GA.
2. Downey, J., Elliott, A, **Koltz, R.**, Murray, K. (October 5th, 2020) *Designing Mental health preparation programs for rural contexts*, 25th Annual Conference on Advancing School Mental Health. Virtual Conference

3. **Koltz, R.** & Odegard, M. (2020) *Feedback: The Foundation of Kind Leadership*. Academic Chairpersons Conference, Savannah, GA
4. ***Koltz, R.**, Wathen, C., Hensen, B., Forney, L. Franklin, K. (2017) *An exploration of Practicum Student Wellness* ACES, Chicago, IL
5. **Koltz, R.**, Koltz, D., & Tarabochia, D. (2017) *Intergenerational Relationships between Counselors in Training and the Aging Population*. ACES, Chicago, IL
6. Tarabochia, D., **Koltz, R.**, Wathen, C., Koltz, D. (2016) *The Development and Impact of a Well-being Group for Older Adults Living in an Assisted Living Community: An Intergenerational, Community Based Project*. AGHE, Long Beach, CA
7. **Koltz, R.**, Odegard, M. & Wathen, C. (2015) *Wellness Strategies to Thrive during the Pre-tenure Experience*. Association of Counselor Education and Supervision conference October 2015, Philadelphia, PA.
8. Odegard, M. & **Koltz, R.** (2015) *The Aftermath: Faculty Voices and Recommendations Following a CACREP Site Visit*. Association of Counselor Education and Supervision conference October, 2015, Philadelphia, PA.
9. Lux, C., **Koltz, R.**, Franklin, K. (2014). *Emotional Wellbeing and School Readiness*. National Institute for Education of Young Children (NAEYC), Professional Development Institute, Minneapolis, MN.
10. **Koltz, R.** (2013) *Academic Collaboration: Utilizing Qualitative Research to Bridge Disciplines*, Association of Counselor Education and Supervision Conference, October 2013, Denver, CO.
11. **Koltz, R.**, Franklin, K., Smith, A., Nelson, M. & Thorngren, J. (2013) *Supervision Strategies for the Millennial Generation of Counseling Supervisees*, Association of Counselor Education and Supervision Conference, October 2013, Denver, CO.
12. **Koltz, R.**, Feit, S. & Nelson, M. (2011) *Isomorphism and Parallel Process: Unraveling the Supervision Mystery*, Association of Counselor Education and Supervision Conference October 2011, Nashville, TN.
13. **Koltz, R.** & Odegard, M. (2011) *Shaping the Future: Pedagogical Implications for Integrating Expressive Arts into Group Curriculum*. Association of Counselor Education and Supervision Conference October 2011, Nashville, TN.
14. Odegard, M. & **Koltz, R.** (2011) *Disaster Mental Health: Integrating Counseling Intervention and Prevention Measures in Communities and Schools* American Counseling Association Conference March 2011, New Orleans, LA.
15. **Koltz, R.** & Stephen S. Feit (2009) *A Phenomenological Study: The Experiences of Live Supervision during Pre-practicum*. Association of Counselor Education and Supervision Conference, October 2009, San Diego, CA
16. **Koltz, R.** (2009) *Integrating Creativity into Supervision using Bernard's Discrimination Model*, Association of Counselor Education and Supervision Conference October 2009, San Diego, CA
17. **Koltz, R.** & Odegard, M. (2009) *Qualitative research: Tools for social justice*. American Counseling Association, Charlotte, NC.
18. Odegard, M. & **Koltz, R.** (2008) *Members' perceptions of using expressive arts*

- in group.* American Counseling Association, Honolulu, HI
19. Feit, S., **Koltz, R.**, Odegard, M., Smith, T. & Provost, K. (2007) *Parallel process and isomorphism: A model for decision making in the supervisory triad.* Association of Counselor Education and Supervision, Columbus, OH

Regional Presentations

1. Elliott, A., **Koltz, R.**, Murray, K. & Downey, J. (October 2nd, 2020), Addressing Rural Counseling Needs: A preparation & practice pathway for counselors in training, Rocky Mountain Association for Counselor Education and Supervision.
2. *Whittecar, W., Finch, K., Vaterlaus, J., & **Koltz, R.**, (2018) Book clubs in undergraduate diversity education: A qualitative evaluation, Rocky Mountain Psychological Association Convention, Denver, CO.
3. *Wathen, C., **Koltz, R.** & McKinley, H. (2014) *The Montana Cowboy and the British Stiff Upper Lip: Comparing and Contrasting Counselor Identity Globally.* Rocky Mountain Association for Counselor Education and Supervision, Jackson, WY.
4. Smith, A., Bartkowiak, A, **Koltz, R.**, & Christopher, J. (2012) *The process of personal and clinical growth for counseling students.* Rocky Mountain Association for Counselor Education and Supervision, Park City, UT
5. **Koltz, R.**, Nelson, M., & Thorngren, J. (2012) *Fostering transformative experiences utilizing experiential learning activities.* Rocky Mountain Association for Counselor Education and Supervision, Park City UT.
6. Tarabochia, D. & **Koltz, R.** (2012) *Developing and maintaining an active healthy mind across the lifespan.* 2012 SWD-American Alliance for Health, Physical Education, Recreation and Dance (AHPRD) Convention, Hawaii.
7. **Koltz, R.** & Smith, A. (2010) *Supervision challenges: Where is the manual for the Millennial Generation?* Rocky Mountain Association for Counselor Education and Supervision, Jackson, WY.
8. **Koltz, R.** & Bolton, H. (2010) *Integrating creativity into teaching using Bernard's Discrimination Model.* Rocky Mountain Association for Counselor Education and Supervision, Jackson, WY.
9. **Koltz, R.**; Odegard, M.; Provost, K. & Smith, T. (2008) *Picture Perfect: Understanding the Doctoral Comprehensive Exam using Photo-voice.* Rocky Mountain Association for Counselor Education and Supervision, Breckenridge, CO
10. Odegard, M. & **Koltz, R.** (2008) *Expressive Arts in Group: Pedagogical Implications for Facilitating the Small Group Process Experience for Master's Students in a Counselor Education Program.* Rocky Mountain Association for Counselor Education and Supervision, Breckenridge, CO

State Presentations

Updated September 2021

1. **Koltz, R.**, Elliot, A., Downey, J., & Murray, K. (April, 2020) Rural Mental Health Preparation/Practice Pathway. Montana School Counselor Association Virtual Conference.
<https://www.mtschoolcounselor.org/conference>
2. Koltz, R. (2019) What is in your backpack? Reflections on Leadership Resilience. Montana Extension Agent Annual Conference. Butte, MT
3. Koltz, D. & Koltz, R. (2019) *DLSM: Dependent Living Success Model*, Montana Gerontology Society, Helena, MT.
4. **Koltz, R.** & Tarabochia, D. (2018) *Community Based Action Research with Men in Residential Living: What Motivates them?* Montana Gerontology Society, Bozeman, MT.
5. Tarabochia, D. & **Koltz, R.** (2016) Living well in later years: A psychoeducational support group for aging adults. Keynote address for Montana Academy of Nutrition and Dietetics, Bozeman, MT.
6. **Koltz, R.**, Smith, A., Franklin, K., Gidley, A., McKinley, H., Coyle, P., & Link, K. (2014) *School Counseling Students' Growth and Well-being*, Montana School Counselors Association Conference, Bozeman, MT.
7. **Koltz, R.** & Franklin, K. (April 2012) *Supervision Theories and Methods to use with Counseling Interns*. Montana School Counselors Association Conference, Bozeman, MT.
8. **Koltz, R.** (June 2011) *Navigating the Boundary Challenges: Setting Boundaries with your Adult Child*. Grandparents Raising Grandchildren Conference, Billings, MT.
9. Bolton, H. & **Koltz, R.** (Submitted, 2010) *Supervising School Counseling Interns: A Conceptual and Developmental Framework for On-site Supervision*. Montana School Counseling Association Conference. Bozeman, MT.
10. **Koltz, R.** & Binkley, E. (2008) *Back to Basics: Addressing Client Wellness using the Indivisible Self Wellness Model*. Idaho Counseling Association Conference. Boise, ID.
11. **Koltz, R.**, Odegard, M., Duwall, R., Lobello, H., Rauh, C. & Zierke, J. (2008) *Thinking Hats: Addressing Client Issues through a Creative Metaphor*. Idaho Counseling Association Conference. Boise, ID.
12. Odegard, M. & **Koltz, R.** (2008) *Express Yourself: Using Person-centered Expressive Arts in Group Counseling*. Idaho Counseling Association Conference. Boise, ID.
13. **Koltz, R.** & Odegard, M. (2007) *A Person-centered Approach and Creative Arts*. Idaho Counseling Association Conference. Pocatello, ID
14. **Koltz, R.** & Provost, K. (2007) The Magic of "I" in Group Work. Idaho Counseling Association Conference. Pocatello, ID.

University

1. **Koltz, R.** (2019) *Finding your Frame*. College of Health and Human Development.

2. **Koltz, R., & Lux, C. (2014)** *Research collaboration: The key to balance in the academic world*. College of Education and Health and Human Development
3. **Koltz, R., Smith, A., & Lux, C. (2012)** *Perceived impact of an 8 week well-being group with pre-school children*. Department of Health and Human Development Research Seminars, Montana State University, Bozeman, MT.
4. **Koltz, R. & Feit, S. (2009)** *The experience of live supervision*. Health Professions Campus Research Day, Idaho State University, Pocatello, ID
5. **Koltz, R. & Odegard, M. (2008)** *Members' perceptions of using expressive arts in group*. Health Professions Campus Research Day, Idaho State University, Pocatello, ID
6. **Koltz, R. & Odegard, M. (Spring 2007)** *APA Writing*. Campus workshop sponsored through Chi Sigma Iota
7. **Koltz, R. & Odegard, M. (Fall 2007)** *APA Writing*. Campus workshop sponsored through Chi Sigma Iota

Invited Presentations International

1. Wathen, C. & **Koltz, R. (May 2014)** *Well-being and Wellness*; University of Leeds, Psychotherapy and Counselling Program, Leeds, UK

Invited Regional Presentations

1. **Koltz, R. (April 2017)** *Boundaries with Adult Children, Grandparents Raising Grandchildren*, Bozeman, MT

Invited Professional Development Workshops

1. **Koltz, R. (May 2010)** *Professional Ethics*. Idaho State University Department of Counseling Professional Development Workshop. Coeur d'Alene, ID.
2. **Koltz, R. (July 2010)** *Clinical Supervision*. Idaho State University Department of Counseling Professional Development Workshop. Coeur d'Alene, ID.
3. **Koltz, R. (January 2009)** *Clinical Supervision for Counselors*. Idaho Counseling Associations Pre-conference Workshop
4. **Koltz, R. & Odegard, M. (August 2008)** *Clinical Supervision for Counselors*. Department of Counseling Professional Development Workshop. Coeur d'Alene, ID

Publications and Research

Peer-Reviewed Publications (*denotes publication with a graduate student)

1. Koltz, R. & Koltz, D. (2021) Eco-art Activities for Older Adults: Reducing Stress and Reframing Aging. *The Family Journal*.
2. Koltz, R, Nelson, M., Tarabochia, D, & Elliott, A (2021), A model of family well-

- being for school counselors. *Journal of School Counseling*.
3. Koltz, R. (2021) ACE: Three Adventure-based Activities to Improve Family Communication. *The Family Journal*. doi: 10.1177/1066480720964714
 4. Dunbar, E., Koltz, R, Elliott, A., & Hurt-Avila, K. (2020), Supervising Treatment of Clients with Antisocial Personality Disorder: Practical application of Bernard's Discrimination Model. *The Journal of Counselor Preparation and Supervision* 13(3), doi.org/10.7729/42.1394
 5. *Vaterlaus, M., Whitecar, W., Koltz, R. & Stanley, J. (2019); A qualitative evaluation of the use of book clubs within an undergraduate diversity course, *Family Science Review*, 23(3), 55-70. Retrieved from <https://drive.google.com/file/d/1diTsZdQASpoeTCJhSizM4dkQpuUNgM1Q/view?usp=sharing>
 6. **Koltz, R.** & Koltz, D. (2019) DLSP: A theoretical based model to help families and loved one's transition from independent to dependent living facilities. *The Family Journal*. <https://doi.org/10.1177/1066480719832519>
 7. *Hensen B., & **Koltz, R** (2018), Counseling Older Men: Best Practices for Group Counseling. *Adulspan Journal*. doi:10.1002/adsp.12063 Retrieved from <https://onlinelibrary.wiley.com/doi/epdf/10.1002/adsp.12063>
 8. **Koltz, R.**, Smith, A. & Tarabochia, D. (2017) Pedagogical Framework for counselor educators working with millennial students. *Journal of Counselor Preparation and Supervision*, 9(1), doi.org/10.7729/91.1150.
 9. Hutchinson, B., Odegard, M. & **Koltz, R.** (2016) Intentional work group experiences: A pedagogical tool for counselor educators. *Journal of Counselor Preparation and Supervision*. 8(1). Retrieved from <http://repository.wcsu.edu/jcps/>
 10. ***Koltz, R.**, Tarabochia, D., Wathen, C., Koltz, D., Cuyle, N., Foote, A., & Volkman, A. (2016), *Living well into later years: A psychoeducational support group*. *VISTAS* 1(15). Retrieved from https://www.counseling.org/knowledge-center/vistas/by-year2/vistas-2016/docs/default-source/vistas/article_15e3bf24f16116603abcacff0000bee5e7
 11. Meekums, B., Wathen, C., & **Koltz, R.** (2016) Technology as a bridge: Developing intercultural understanding through a counseling student video conference. *British Journal of Guidance & Counselling* doi: [10.1080/03069885.2015.1135875](https://doi.org/10.1080/03069885.2015.1135875)
 12. Nelson, M., Tarabochia, D., & **Koltz, R.** (2015) PACES: A model of student well-being. *Journal of School Counseling* 13(19). Retrieved from <http://jsc.montana.edu/articles/v13n19.pdf>
 13. Smith, A. & **Koltz, R.** (2015). Supervision of School Counseling Students A Focus on Personal Growth, Wellness and Development. *The Journal of School Counseling* 13(2). Retrieved from <http://jsc.montana.edu/articles/v13n2.pdf>
 14. **Koltz, R.**, Lux, C., Tarabochia, D., & Smith, A. (2014) Perceived effectiveness of a well-being group with pre-school children. *VISTAS* 2014, 1(60). Retrieved from http://www.counseling.org/docs/defaultsource/vistas/article_60.pdf?sfvrsn=6

15. **Koltz, R.** & Tarabochia, D. (2014) Technology: Using it as a means to creatively connect with adolescents. *Journal of Creativity in Mental Health* 9(3), 380-398. doi: 10.1080/15401383.2014.899481
16. Thorngren, J., Nelson, M. Baker, L., Zuck, B., & **Koltz, R.** (2013) On track: A university retention model utilizing school counseling program interns, *The Journal of School Counseling* 11(16). Retrieved from <http://jsc.montana.edu/articles/v11n16.pdf>
17. **Koltz, R.**, Melissa Odegard, Feit, S., Provost, K. & Smith, T. (2012) Parallel process and isomorphism: A model for decision-making in the supervisory triad, *The Family Journal*, 20(3), 233-238.
18. **Koltz, R.** & Odegard, M. (2012) Creative art in group: Pedagogical implications for facilitation in a group counseling class. *VISTAS 2012*, 1(38). Retrieved from http://counselingoutfitters.com/vistas/vistas12/Article_38.pdf.
19. **Koltz, R.** & Feit S. (2012) A phenomenological case study: The experience of live supervision during pre-practicum. *The Qualitative Report*, 17(Art. 80), 1-24. Retrieved from <http://www.nova.edu/ssss/QR/QR17/koltz.pdf>.
20. Smith, A, & **Koltz, R.** (2012) Supervision challenges: Where is the manual for the millennial generation? *Professional Issues in Counseling*, 19(5) Retrieved from <http://www.shsu.edu/piic/Summer2012.htm>
21. **Koltz, R.**; Odegard, M.; Provost, K.; & Smith, T. (2010) Picture perfect: Using photo-voice to explore four doctoral students' comprehensive examination experience. *Journal of Creativity in Mental Health*, 5(4), 389-411.
22. **Koltz, R.**, & Champe, J. (2010) *A phenomenological case study: Mental health interns as they transition from students to professionals*. *VISTAS 2010*,1(31). Retrieved from http://counselingoutfitters.com/vistas/vistas10/Article_31.pdf.
23. **Koltz, R.** (2008) Integrating creativity into supervision using Bernard's Discrimination Model. *Journal of Creativity in Mental Health*, 3(4), 416-428.
24. **Koltz, R.** (2008) Movie Review: Open water 2: Adrift. *Journal of Creativity in Mental Health*, 3(2), 175-178.
25. Odegard, M. & **Koltz, R.** (2008) Members' Perceptions of using expressive arts in group. *Compelling Counseling Images: The Best of VISTAS 2008*

Book Chapter

1. Downey, J., Elliott, A, **Koltz, R.** & Murray, K. (2021) Rural School-based Mental Health: Models of Prevention, Intervention, and Preparation. In A.P. Azano, K. Eppley, & C. Biddle (Eds.) *Handbook on Rural Education in the U.S.* London: Bloomsbury. (Winter 2020 publication expected).
2. Bailey, S. J., Letiecq, B. L., Erickson, M., & **Koltz, R.** (2013). Resilient grandparent caregivers: Pathways to positive adaptation. In B. Hayslip, Jr. & G. C. Smith (Eds.) *Resilient Grandparent Caregivers: A Strengths-Based Perspective*. New York: Routledge Taylor

Published Book

1. **Koltz, R.** (2015). *Foundational Counseling Skills: A Manual for Beginning Counselors*. Belgrade, Mt: Peaks Press.
[https://peakspress.weebly.com/store/p2/Foundational Counseling Skills%3A A Manual for Beginning Counselors.html](https://peakspress.weebly.com/store/p2/Foundational+Counseling+Skills%3A+A+Manual+for+Beginning+Counselors.html)

Trade Publications

1. Koltz, R. & Odegard-Koester, M. (2020) Feedback the foundation of kind leadership. *The Department Chair* 30(4). Retrieved from <https://onlinelibrary.wiley.com/doi/full/10.1002/dch.30308>
2. Elliott, A, Koltz, R, & McKinley, H. (2019) Creating Community Partnerships: Embracing the Land Grant Mission, *Rocky Mountain Association for Counselor Education and Supervision Newsletter (spring)*. Retrieved from [file:///C:/Users/r46q854/Downloads/RMACES%20SP%202019%20Newletter%20\(002\).pdf](file:///C:/Users/r46q854/Downloads/RMACES%20SP%202019%20Newletter%20(002).pdf)
3. **Koltz, R.** & Franklin, K. (2013). Goals of Behavior: part VI, *Montana Parent, March*. Bozeman, MT: Media Mavens, LLC
4. Franklin, K. & **Koltz, R.** (2013). Goals of Behavior: Part V, *Montana Parent, February*. Bozeman, MT: Media Mavens, LLC
5. **Koltz R.** & Franklin, K. (2013). Goals of Behavior: Part IV, *Montana Parent, January*. Bozeman, MT: Media Mavens, LLC
6. Franklin, K. & **Koltz, R.** (2012). Goals of Behavior: Part III, *Montana Parent, December*. Bozeman, MT: Media Mavens, LLC
7. *Koltz R.* & Franklin, K. (2012). Goals of Behavior: What you can do to redirect your kid Part II, *Montana Parent, November*. Bozeman, MT: Media Mavens, LLC
8. Franklin, K., & **Koltz, R.** (2012). Goals of behavior: What you can do to redirect your kid. *Montana Parent, October*. Bozeman, MT: Media Mavens, LLC
9. Thorngren, J., **Koltz, R.**, & Feit, S. (2012). Feedback: The cornerstone of academic civility, *The Academic Leader* 9(10), Retrieved from <http://www.magnapubs.com/newsletter/academic-leader/story/6296/>.
10. Bailey, S. **Koltz, R.** (2012) *Understanding grief and loss following death. (MT201201HR)* MSU Extension Montguide. Retrieved from <http://store.msuextension.org/publications/HomeHealthandFamily/MT201201HR.pdf>.
11. **Koltz, R.** (2011) Pebbles in a pond: A termination activity to use with practicum and internship. *Association for Creativity in Counseling Newsletter*, 3, 1-5.
12. Wilde, B. & **Koltz, R.** (2010) Introducing the Qualitative Research Interest Network *Spectrum*. 70(2), 25. Retrieved from http://aces.lfchosting.com/wp-content/uploads/spectrum/spectrum_2010_70_2.pdf.
13. **Koltz, R.** (2008) Three internship lessons that classes could not teach. *Counseling Today*. 50(7), 23.
14. **Koltz, R.** (2006) Balancing passions. *Counseling Today*. 48(7), 7.

Other Creative Activity

Reviewed a Montguide for S. Bailey; *Helping Children Cope After a Natural Disaster*

Manuscripts Submitted

Koltz, R. & Koltz, D. (2021; *The Family Journal*), Eco-art Activities with Older Adults: Reduce Stress and Reframe Aging.

Manuscripts in Process

Koltz R. (manuscript in process) SUPER: A supervision framework for self-report supervision in the school.

Koltz, R., Wathen, C. & Elliott, A. (Manuscript in process); The Experience of Wellness in a Counseling Practicum Course

Koltz, R., Tarabochia, D., Wathen, C. (Manuscript in Process) A phenomenological exploration: The intergenerational experiences created during a well-being group at an assisted living community,

Research in Process or Complete

Elliott, A, Downey, J., Koltz, R, Murray, K (2019- ongoing) RMHP3: Rural Mental Health Preparation and Practice Pathway.

Koltz R., & Tarabochia, D. (2016-2019) Living well in later years: An exploration of aging men's well-being.

Koltz, R., Tarabochia, D., & Wathen, C. (2014-2016) Perceived impact of an 8 week well-being with aging adults

Wathen, C., & **Koltz, R.**, & Meekums, B. (2013-2016) Cross cultural perspectives: An online learning environment

Koltz, R., Smith, A., & Lux, C. (2012-2014) Perceived impact of an 8 week well-being group with pre-school children

Odegard, M., Hutchison, B., & **Koltz, R.** (completed in 2013) Work Group Reflections.

Smith, A., Christopher, J., **Koltz, R.**, Barkowitz, A. (2011-present) Counselor Development

Koltz, R. (2012-present) Perceived impact of assigned wellness during counseling practicum courses.

Koltz, R. (Completed 2008-2009) Students' experiences of live supervision during pre-practicum.

Koltz, R., Odegard, M., Provost, K. & Smith, T. (Completed 2007-08) Doctoral student's comprehensive exam experience: An auto ethnographic study using photo-voicing.

Koltz, R., Odegard, M., Provost, K. & Smith, T. (Completed 2007-08) Counselor Supervisors: Factors that Predict Supervisor Self Efficacy.

Koltz, R. & Odegard, M. (Completed 2007-08) Members' perceptions of using expressive arts in the group process.

Koltz, R. (Completed 2006) A qualitative study of mental health counseling interns as they transition from students to professionals. *Unpublished Thesis*

Non-published Scholarship

Koltz, R. (2012) Well-being Group Manual for Preschool children

Grants

US Department of Education (Funded, 2019; ongoing) *Rural Mental Health Preparation/Practice Pathway: An Innovative Partnership to Prepare*

-Co-PI with Anna Elliot and Jayne Downey; **\$2,300,000**

<https://www.montana.edu/news/19423/msu-and-partners-receive-2-3-million-for-five-year-project-to-educate-school-counselors-to-fill-jobs-in-rural-montana>

Montana Health Foundation (Funded, 2018; ongoing), *Increasing Mental Health Access to Gallatin County*

-Co-PI with Anna Elliot. **\$72,169.89**

<https://www.montana.edu/news/17875/msu-local-health-department-collaborate-to-provide-more-access-to-mental-health-care-services>

INBRE (Not Funded, 2018), *Living well in later years: Exploring resident subjective well-being experiences*

-Co- PI with Dawn Tarabochia, \$71,914

Mather Lifeways Institute on Aging (Not Funded, 2018), *Living well in later years: Exploring resident subjective well-being*

-Co PI with Dawn Tarabochia, \$71, 914

EHHD Community Based Participatory Research Seed Grant (Funded, 2016), *Living Well in Later Years: Focusing on Men'*

-Co-PI with Dawn Tarabochia. **\$15,741**

HHD Teaching and Learning Grant (Funded, 2015), *Teaching Workshop: Reflecting on and engaging in effective teaching.*

-Co-principal investigator with Cristen Wathen and Dawn Tarabochia. **\$7500**

Faculty Excellence Innovation Teaching Grant (Not Funded, 2015), *Technology as a Bridge: Developing Intercultural understanding through Student Video Conferencing*

-Co-principal investigator with Cristen Wathen

EHHD Seed Fund Grant (Funded, 2013), *Supervision of School Counselors: A focus on growth, wellness, and development.* **\$1500**

Faculty Excellence Innovation Teaching Grant (Not Funded, 2014), *The Montana cowboy and the British stiff upper lip: Exploring counselor identities globally.* **\$2500**

-Co-principal investigator with Cristen Wathen.

NIH Grant (Not Funded, 2012), *Healthy Habits*. \$396,000

-Co-principal Investigator with Sandy Bailey (PI), Jill Martz, and Carrie Benke
-grant to facilitate cross-age peer mentoring groups on relationships in rural Montana.

EHHD Internal Grant (Funded, 2011), *Advancing community initiative*. \$25,000

-Co-Principal Investigator with Dawn Tarabochia (PI) and Carmen Byker (Co PI)

Montana Mental Health Settlement (Not Funded, 2010), *Well-being groups with pre-school children*, \$11,046.00

-Co-Principal Investigator with Adina Smith

ACES Research Grant (Funded), Spring 2009

-Applied for and received a research grant in the amount of \$729.00

Rocky Mountain ACES Travel Grant (Funded), Fall 2007

-\$500.00 to travel and present research

Other Funding

MOEBUS (Funded), Spring 2011

-With Adina Smith, applied for and received (3) MOEBUS graduate assistantships (3 @ \$4500) to conduct research projects.

MOEBUS (Funded), AY 2014/15, 2015/16, 2016/17

-Graduate Research Fellowship; one each year for \$9000

Teaching

Montana State University

May 2009- Present

Graduate Course History:

- HDCO 571 Practicum
- HDCO 521 Basic Counseling Skills
- HDCO 522 Group Counseling
- HDCO 503 Professional Issues in Counseling
- HDCO 554 Human Development Theory
- HDCO 523 The Theory and Practice of Addictions Counseling

Current Course Load: (This was my load prior to my department head appointment)

- HDCO 502 Ethics- Blended Online Course
- HDCO 508 Family Theory- Blended Online Course
- HDCO 565 Marital and Relationship Counseling
- HDCO 598 MCFC Internship
- HDCO 569 Advanced Family Counseling
- HDCO 525 Child & Adolescent Counseling

Undergraduate Course History:

- HDCF 371 Research Methods; SP 2010, 11
- US 103; Learning Strategies

Online Course History:

- AC 506 Group Counseling In Addictions Settings I; FA 2011, 12,13,14,15
- AC 508 Group Counseling In Addictions Settings II; SP 2012,13,14,15

Other Teaching Activity

Graduate Advising

- 2017-18; member of 27 graduate committees
- Committee Chair of 17 of the above committees
- 2016-17; member of 23 graduate committees
- Committee Chair of 13 of the above 23 committees
- 2015-16; member of 31 graduate committees
- Committee Chair of 10 of the above 31 committees
- 2014-2015; member of 30 graduate committees
- Committee Chair of 15 of the above 30 committees
- 2013-2014; member of 22 Graduate committees
- Committee Chair of 16 of the above 22 committees
- 2012-2013; member of 30 graduate committees
- Committee Chair of 14 of the above 30 committees
- 2011-2012; member of 20 graduate committees
- 2010-2011; member of 22 graduate committees
- 2009-2010; member of 21 graduate committees
- Summer 2010; Dissertation Reader for a psychology graduate student at University of Nebraska.

Guest Lectures

- Sand tray therapy; SP 2016; Early childhood program
- Art of Mental Healing CAA 310; FA 2015
 - Facilitated a lecture on integrating art into mental health counseling
- Research Methods; FA 2013
- Foundations of Community Health; FA 2013, FA 2014
- Counseling Children & Adolescents; SP 2011, SP 2012, SP 2013, SP 2014
 - Facilitated a lecture on sand tray counseling
 - Facilitated a lecture on play therapy
- Counseling Theory II (Montana State University); Fall 2010; 2012
 - Facilitated a lecture on Person-centered Theory

Supervision Experience

University-Based Supervision: non-class related

- Individual Supervision; 2015-present; for an intern at Brookdale Assisted Living Center
 - Provided weekly supervision sessions.
- Group Work Supervision, 2010-present
- Provided supervision sessions with 2 students facilitating a group for the elderly.
- Big Sky Supervisor; FA 2016-SU 2017
- Contract with WIA (Women in Action) to provide clinical supervision to one intern.

Service

National

- [GPIDEA Human Sciences Board Member](#); May 2019-present
- CACREP Site Team Chair; May 2016-present; <http://www.cacrep.org/wp-content/uploads/2019/05/CACREP-2018-Annual-Report.pdf>
- Nominated for the Association of Counselor Education and Supervision Secretary; 2015
- CACREP Site Team Member; travel to other CACREP programs to review them for their accreditation; May 2014-May 2016.
- Co-chair Qualitative Research Interest Network (sponsored through ACES); 2009-present
- Co-editor for the *Journal of School Counseling* 2011-2017
- Reviewer for the *Journal of School Counseling*; 2009-2011; 2017-present
- American Counseling Association (ACA) Conference Program Reviewer; 2009, 2010, 2011
- Co-chair of Graduate Student Committee for Association for Creativity in Counseling (ACC), 2008-2009
- Co-chair for student volunteer program, American Counseling Association (ACA) Conference, 2007
- Assisted in organizing over 100 student volunteers during the conference in Detroit, MI

State

- Montana School Counselor Association Board Member, 2020

Regional

- Rocky Mountain ACES Conference Program Reviewer, 2010
- Volunteer at Rocky Mountain Aces Conference, 2006

Community

- Board Member; Help Center; Bozeman, MT, August 2017- July 2019

University- Montana State University

- MSU Planning Council; July 2020
- University Curriculum Committee EHHD Representative; AY 2015-16
- Faculty Senate; AY 2016/2017
- Leadership MSU, FA 2011 Facilitated a leadership activity

Department/College- Montana State University

- Department Head; May 2019-present
- Graduate Coordinator- Counseling Program; FA 2010- FA 2018
- Program Leader Marriage & Family Counseling Program, 2012-2019
- College Promotion & Tenure Committee; AY 2017-18
- CPC; University Curriculum Committee Representative for EHHD, AY 2015-16
- Departmental Promotion & Tenure Committee; 2015-16; 2016-17 (Chair)
- Role and Scope Revision Committee, 2018/19
- Chi Sigma Iota; Chapter Advisor; FA 2012- August 2017
- Started this national counseling honor society chapter with four students in the fall of 2011.
- CACREP liaison, SP 2011 – Present
- Search Committee Chair; FA 2012
- Search Committees; SP 2011 (Community Health), SP 2012 (Clinic Director Search), FA 2014 (Counseling Faculty); SP 2017 (Counseling)
- Instructional Equipment Committee, 2010-2011, 2011-2012
- Curriculum Review Committee, 2010-2013 (SP)
- Interim Graduate Coordinator for Counseling Program, SP/SU 2010
- Library Advisory Committee; Montana State University, 2009-2010
- Research Methods Steering Committee, 2009
- Graduate Committee for the Department of HHD, 2009-2013

Awards

- Awarded a Sabbatical; FA 2018
- Nominated for the Cox Faculty Award for Creative Scholarship and Teaching; FA 2016
- Nominated for the 2015 President's Excellence in Teaching Award; FA 2014
- Department of Health & Human Development Outstanding Research Award; SP 2013
- Nominated for MSU Excellence in Online Teaching Award; FA 2012
- Department of Health & Human Development Outstanding Teaching; SP 2011

PROFESSIONAL COUNSELING EXPERIENCE

Private Practice; Bozeman, MT, 2010-present

Psychological Assessment Specialists; Pocatello, ID 2006-2009

- Independently contracted counselor

Focus on the Children; Pocatello, ID 2007-2009

- Independently contracted to do psycho-educational groups with divorcing parents

Eau Claire Academy; Eau Claire, WI; Jan 2006-August 2006

- Counselor

CLINICAL DEVELOPMENT

Clinical Development

- Gottman Method of Couples Training
- Level 1 Clinical Training; FA 2017
- Level 2 Clinical Training; SU 2018
- Level 3 Clinical Training; FA 2018

- Italian Play Therapy Institute – 2011, 2013
- 60 Continuing Education Hours in Regello, Italy

SCHOLARLY INTERESTS

LEADERSHIP

- Leadership models and Effective Communication in Higher Education

SUPERVISION

- Supervisory Relationship / Pre-Practicum Techniques/ Live Supervision

COUNSELOR DEVELOPMENT

- Professional Development in Students/ Professional Transition

FAMILY SYSTEMS

PREVENTION

- Promoting well-being across the lifespan utilizing group counseling as a preventative method.

CREATIVITY

- Counseling/Teaching/Supervision/Creative Research Methods

PROFESSIONAL ORGANIZATION MEMBERSHIPS

National

- Association for Counselor Education and Supervision 2006-Present
- American Counseling Association 2005-Present
- International Association of Marriage and Family Counseling 2013
- American Mental Health Counseling Association 2007-2009
- Association for Creativity in Counseling 2007-Present
- Association for Specialists in Group Work 2008-2013
- Chi Sigma Iota (Phi Omicron Chi Chapter) 2006-Present

Regional

- Rocky Mountain Association for Counselor Education and Supervision 2006-Present

State

- Idaho Association for Counselor Education and Supervision 2006-2009
- Idaho Counseling Association 2006-2009
- Idaho Mental Health Counseling Association 2006-2009